



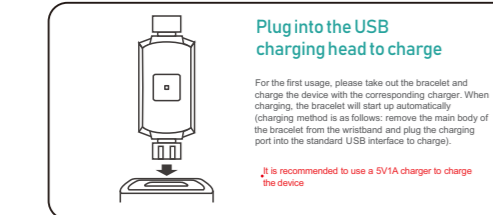
Smart Bracelet

PREPARATION

Only when the power is sufficient, can the machine be started. For that the USB contact port is used for charging.



At first, please pull out the wrist band and remove the body of the bracelet

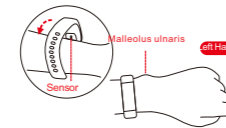


Plug into the USB charging head to charge

For the first charge, please take out the bracelet and charge the device with the corresponding charger. When charging, the bracelet will start to automatically charging method as follows: remove the wrist band of the bracelet from the wristband and plug the charging port into the standard USB interface to charge the device. It is recommended to use a 5V/1A charger to charge the device.

WEARING METHOD

1. The ulnar styloid process is the best way to wear the bracelet.
2. Adjust the size of the wrist in accordance with the adjusting hole.
3. The sensor should be close to the skin to avoid the movement.



POWER ON/OFF

1. When the bracelet is turned off, a long touch of the function button can make the device vibrate and start up for more than 3 seconds.
2. When the bracelet is on, switch to the shutdown interface, and the long touch function button will vibrate for more than 3 seconds to shut down the device.

OPERATION

1. When the bracelet is turned on, a short touch of the function button can light up the screen or switch the display.
2. No operation with the default five-second message screen, the user can connect to the mobile APP to modify the message screen time;
3. Switch to the automatic test of heart rate and blood pressure interface, and stop the test of leaving heart rate and blood pressure interface.

MOBILE APP DOWNLOAD

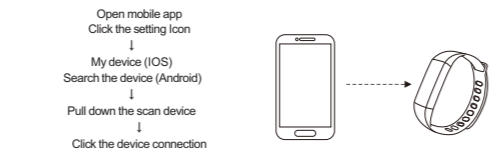
Scan the QR code below or enter the major application markets to download and install "Dayband".



Device requirements: iOS 8.0 and above, Android 4. 4 and above, support bluetooth 4.0.

DEVICE ATTACHMENT

When using the bracelet for the first time, the APP should be connected for calibration. The bracelet will automatically synchronize the time after successful connection, otherwise the step and sleep data are not allowed.



Bluetooth connection: After the pairing is successful, the App automatically saves the Bluetooth address of the bracelet. When the App is opened or running in the background, it will automatically search and connect the bracelet.

Data Synchronization: Manually pull down the synchronization data on the app homepage. The sync data is about 7 days of the other data. The more data is, the longer the synchronization time will be, which is about 2 minutes at most. After the synchronization is completed, there will be a prompt "Synchronization completed".

APP FUNCTIONS AND SETTINGS

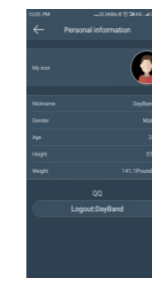
Personal information and sports goals

Please set the personal information at first after entering the app.

Setting -> Personal setting

Head image - Gender - Age - Height - Weight can be set. Personal information can improve the accuracy of data.

Customize your daily sports goals and exercise reasonably. Planning is conducive to the improvement of physical fitness.



FUNCTION INTRODUCTION OF BRACELET

Main interface

When there is no connection icon, it means that the bracelet is not connected to the mobile phone. When the connection icon appears, it means that the connection is successful. When the bracelet and the app are paired for the first time, the bracelet will synchronize the time, date and week of the mobile phone.

Long press 3 seconds to switch the main interface

Motion Data

Display step counting, the default motion data mode of the bracelet is to wear the bracelet on the wrist. When the user walks and the arm swings, the bracelet is recorded as the walking step data in accordance with the number of the swings, which

Heart rate monitoring

In the heart rate monitoring interface, please wait for ten seconds before data appears.

Blood pressure monitoring

In the blood pressure monitoring interface, you can also connect the mobile app to measure in the blood pressure interface.

Blood oxygen monitoring

In the blood oxygen monitoring interface, you can also connect the mobile app to measure in the blood oxygen interface.

Notes for heart rate / blood pressure test:

• During the test, the icon will beat and the heart rate led on the back of the bracelet will light up.

• During the test, the sensor should be close to the skin to avoid the influence of external light on the accuracy of the test.

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